

# HRCS Happenings



Term 1, Week 10

5 April 2019

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**Principal: Tracey Rapson** Assistant Principals: Amanda Worton - John Winters - Natasha Brown/Jackie Bright (Rel)

## Principal's Message

Dear families and friends

The end of term 1 is rapidly approaching! Everyone at HRCS has had a great first year of 2019!

**Parent Chat:** On Monday we held our 2nd Parent Chat session for the term. Suzanne Brown introduced the POOD book and gave a demonstration of how it works, and outlined her role this year in supporting young people in their communication. Thank you Suzanne – you were fabulous. Discussions also focused on NDIS and what post school may look like for students. Thank you to everyone who attended: we hope to see you again next term! Thanks Tash for organising the wonderful catering and for coordinating the session.

**Bunnings BBQ:** Another successful Bunnings BBQ sausage sizzle has come to an end! It was wonderful to have so many people volunteer to assist last Saturday. A special thank you to Desley, Stewart, Sarah, Shelley, Alexis, Geoff, Suzanne, Chris, Laurinda, Tony, Miranda, John W, Mandy, Samantha, Nathan, Rob, Debbie, Paige, Cassie, Linda, Amanda, Jade and Norm for all their assistance! (I hope I haven't forgotten anyone!) Thanks to everyone who generously donated items, especially Barrington Bakery and John Rapson who kindly donated the 90 loaves of bread. A special thank you to our P&C President Kiley, who organised everything for the day but unfortunately was ill and unable to help on the day.

It was fabulous to see so many of our students visit on the day – thanks to all the families who made it possible!

Finally a big thank you to everyone who came along and bought a sausage sandwich. We have taken almost \$1900, which is amazing considering we had rain for the first 4 hours. Great work everyone!

**Easter Raffle:** There is still time to buy your raffle tickets for the Easter Raffle. The wonderful first prize is now on display in the foyer, and there will also be several minor prizes. Thank you to everyone who has kindly donated items for the raffle: your generosity and continued support is greatly appreciated. Good luck to all those who purchased tickets!

**Easter Celebrations:** Our Easter Celebrations will be held next Friday, 12

April. Family and friends are invited to come along and join the festivities which include an Easter Hat parade for Primary students, Easter Art display and an Easter Egg Hunt. Siblings are also invited to wear their Easter Hats and join in the parade. Hope you can join us!

**Crazy Hair day:** Last week we hosted a Crazy Hair day to raise funds for the Bandage Bear Appeal. Thanks to everyone's generosity, we raised \$73. Giving back to our community is very important to everyone at HRCS, and I would like to thank you for your continued support. Well done everyone!

## Dates For Diaries 2019

<b>Friday 12 April</b> Easter Hat Parade End of Term 1
<b>Monday 29 April</b> Staff return for Term 2 2019
<b>Tuesday 14 May</b> School Photos
<b>Friday 7 June</b> Grandparents Day 210am
<b>Friday 5 July</b> End of Term 2
<b>Monday 22 July</b> Staff return for Term 3 2019
<b>Tuesday 23 July</b> Students return for Term 2 2019
<b>Wednesday 14 September</b> Year 7 & 10 Vaccinations
<b>Friday 20 September</b> Footy Colours Day
<b>Friday 27 September</b> End of Term 3 2019
<b>Monday 14 October</b> Staff & Students for Term 4 2019
<b>Wednesday 18 December</b> Last day of Term 4 for Students



**Drums Alive:** Thank you to everyone who has returned their expression of interest in attending 'Drums Alive'. Your responses have indicated that it would be worthwhile to go ahead with the program.

From next term on Friday's, there will be 2 groups of drumming.

- ♦ Primary (K-6) students 11:00am – 11:45am
- ♦ Secondary (7-12) students 11:45am – 12:30pm

Families who have indicated that they will be attending will be invoiced for the \$5 per week lesson. If you would like to organise a payment plan, please do not hesitate to contact Shelley in the admin team.

We are very excited about adding 'Drums Alive' to our school calendar, and can't wait to see the reactions of our students. A special thank you to Jackie, who is coordinating the program.

**Movie Night:** This week it was our secondary students and their family's opportunity to sit back, relax and watch "Ralph Breaks the Internet". Everyone enjoyed their popcorn and milkshakes and enjoyed watching the movie on the big screen. Thank you to Mandrill class for making the milkshakes and to Cheetah class for popping the popcorn.

A special thank you to everyone who came along and supported our movie nights. We hope to do it again later in the year.

**Ten Pin Bowling:** Groups from both Primary and Secondary School have enjoyed attending Ten Pin Bowling this term. It has been wonderful to hear about all the green choices that have been made during bowling time, and to be told about all the strikes and spares! Well done everyone and keep up the great work!

**Woolworths Earn & Learn 2019:** Woolworths Earn & Learn is back and it is now easier than ever to earn valuable equipment for our school. It's simple to participate. From Wednesday 1 May to Tuesday 25 June 2019 or while stock lasts, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator, via team members at the self-service checkout or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet.

There will be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, either at our school or at your local Woolworths. We can then redeem your Woolworths Earn & Learn Stickers for valuable education equipment for our school. Happy shopping!

**Purple for Epilepsy Day:** Today everyone came dressed to school in many shades of purple to support Epilepsy Awareness. As many of you know, Epilepsy is a tendency to have recurring seizures. There are many different types of seizures but they are always due to abnormal electrical activity somewhere in the brain. Many people will have one seizure at some stage in their lives, but this is not necessarily epilepsy because there is a low risk of recurrence. Many children with epilepsy will eventually 'grow out of it' by the time they reach adulthood. For some people, the tendency to recurrent seizures may be a lifelong predisposition.

Epilepsy is one of the oldest conditions known and is described in ancient literature thousands of years ago – including the Bible. In ancient times, seizures were attributed to many causes and influences which we now know are entirely incorrect. Modern scientific research of the brain in epilepsy tells us that seizures are simply the symptoms of an abnormality of the electrical connections in the brain.

Sometimes, the seizures are one symptom within a constellation of symptoms and signs and may follow a distinct and recognized pattern. We call these epileptic syndromes.

## Canteen

Cheeseburger \$3.50
Nuggets x 6 \$3.00
Sausage Roll \$2.50
Salad Wrap \$4.00
Chicken Salad Wrap \$5.00
Popper \$1.00
Jelly Cup \$1.00
Cheese Slice \$.30
Milkshake \$2.50

Lunch orders will be sent home Thursday's and will be due back **Friday/Monday**. This is important for shopping purposes.



Many syndromes are benign and easily controlled; sometimes the person will grow out of it. Some syndromes are more severe and can be challenging.

A large percentage of our students and their families live with Epilepsy on a daily basis, and we hope that raising awareness of this condition will assist develop a greater understanding of the impact that epilepsy has on lives. Thank you to everyone who supported our Purple for Epilepsy Day and donated to Epilepsy Australia.

I hope everyone enjoys the weekend and don't forget about the end of Daylight Savings

**Kind Regards - Tracey**

**Wellbeing Quote:** "Be happy in the moment, that's enough. Each moment is all we need, not more" **Mother Teresa**

### Brownny's Blog

On Monday during Hase's Art lesson at Maitland Christian School, Corey (one of the boys in the class) offered to help Hase with his drawings. What a beautiful example of acceptance and inclusiveness. Hase is building great relationships with these lovely students.

It's wonderful to be part of this program where I get to help staff members using the PODD Book... Go Amanda! Can't wait for next week!!



### Photo of the Week

This week we had the opportunity to capture a very special photo of our biggest and smallest student at HRCS. Well done Jackson and Alivia!



Parent Chat Survey on Page 10 of this newsletter. Please send in your suggestions via the tear off slip or per the text message that was sent out this week.

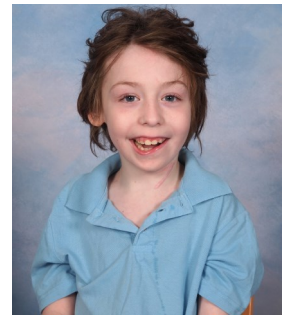


## Student Leader Awards

**Captains Awards:** Today's Captain's Award was selected by Jackson and was awarded to Hayden from Elephant Room for having such a positive attitude at HRCS.

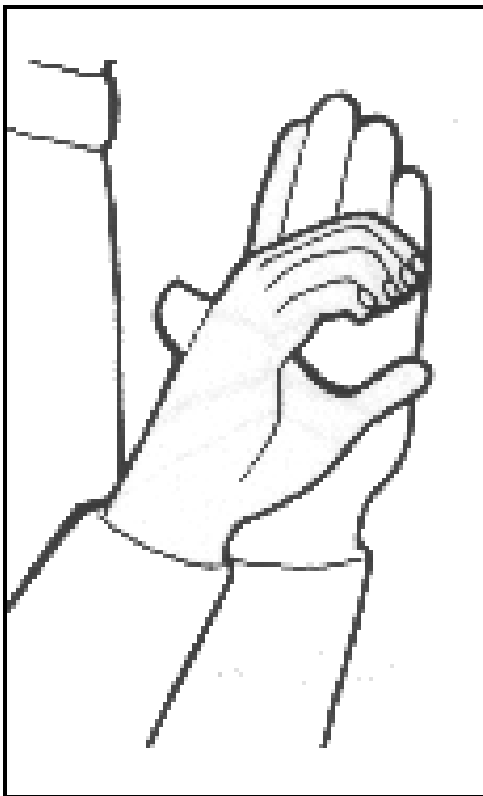
**House Captain Awards:** Today's House Captain's Award was selected by Brennan and was awarded to Lochlin from Gazelle Room for excellent participation during bowling.

**Prefect Awards:** Our Prefect's Award for this week was selected by Zachary T and was awarded to Kody O from Elephant Room for always being happy.



## Sign of the Week

**Word:** Computer

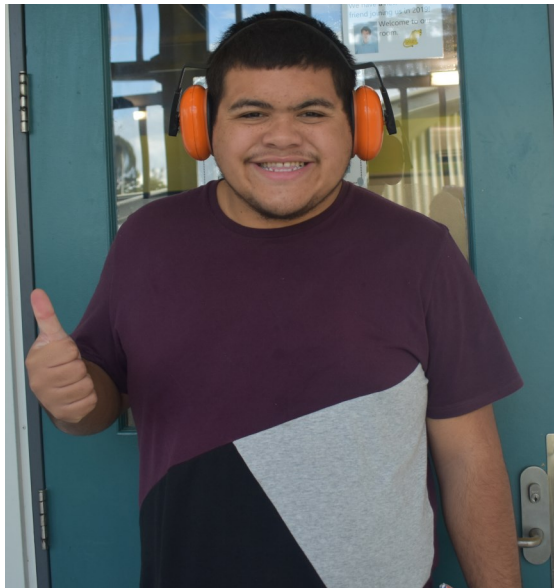


## Purple Day





## Purple Day



## April Birthdays

Zachary T  
2 March

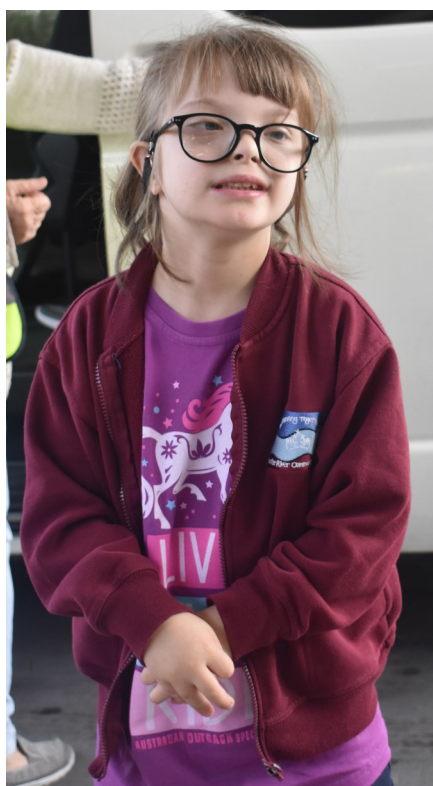
Nikkie  
5 March

Charlotte  
7 March

Ethan  
15 March

Justin A  
16 March

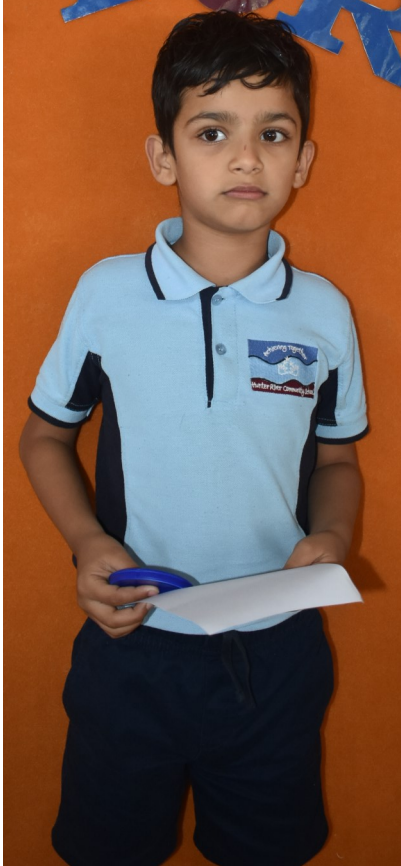
Jacqueline  
24 March



**Save the Date—Grandparents Day:** Hunter River Community School will be hosting 'Grandparents Day' on Friday 7 June 2019. More details will be available in the coming weeks.



**PBL Awards  
Term 1  
Week 10**



**'Principal Leuca Awards'**

**Hayley**

**Justin A**

**Lochlin**

**Michael**

**PBL Staff Awards  
Term 1  
Week 10**

**Teacher  
of the Week**

Kristy - Hyena

**Non-Teacher  
of the Week**

Suzanne



**Top Playground  
of the Week  
Giraffe**



**Bottom Playground  
of the Week**

Hydena







School Shirts 8-16 \$20 each
School Shirts SML-3XL \$24 each
Senior School Shirts 8-16 (Yrs 11-12) \$16 each
Senior School Shirts SML-3XL (Yrs 11-12) \$20 each
School jackets 4-16 \$23
School jackets SML-3XL \$27.00
School Hats \$12.00

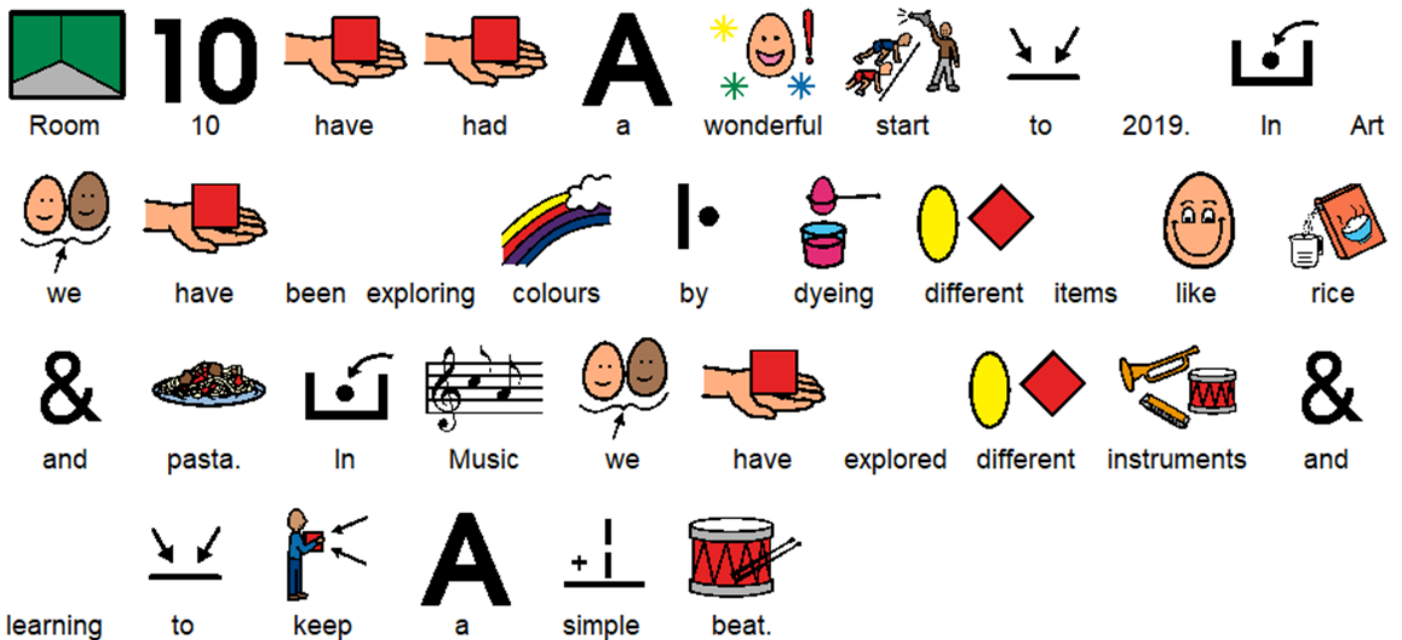








## Mandrill



### Voluntary Contributions

Name: \_\_\_\_\_

Student Associated With: \_\_\_\_\_

Room: \_\_\_\_\_ Contact No: \_\_\_\_\_

☐ \$50 enclosed Cash/Cheque ☐ \$50 Paid per POP

### Respite Advice Form

Student's Name: \_\_\_\_\_

Medication: Yes/No

Date for Respite: \_\_\_\_\_

Commencing Date: \_\_\_\_\_

Concluding Date: \_\_\_\_\_

Name of Respite Provider: \_\_\_\_\_

Transport Provided By: \_\_\_\_\_

Parents/Caregiver's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Absence Note (after your child has been away from school)

Dear \_\_\_\_\_

Student Name: \_\_\_\_\_ of class \_\_\_\_\_

was absent on \_\_\_\_\_

For the following Reason: \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

## Parent Chat Survey

**What two topics would you like us to  
address in Term 2 at our  
Parent Chat sessions?**

Topic 1	Topic 2

**Regards— Tash**